

## IS COACHING FOR YOU?

*“Our chief want in life is somebody who will make us do what we can.”*

*Ralph Waldo Emerson*

What do top successful executives, the joyful self-employed, and celebrities (to name a few) all have in common? They all use a coach to help them live their dreams and be the best they can be. How about you? Please take just a few moments to find out how ready you are to live life to the fullest and be the best you can be.

On a scale from 1 to 10, rate each of the following statements (if not applicable, score the item a 5).									
1	2	3	4	5	6	7	8	9	10
Not at all agree			Somewhat agree				Totally agree		
									<i>Score</i>
I am ready to create more abundance in my life									_____
I am ready to improve my personal or business relationships									_____
I am ready to make real and positive changes in my life									_____
I am ready and willing to overcome self-limiting behavior									_____
I am ready to create and take action to achieve my goals									_____
I am ready to achieve a sense of fulfillment in my work and in life									_____
I am ready for more fun and enjoyment in my life									_____
I'd like to work more productively and improve my financial stability									_____
I can benefit from someone who will help me to stay on track									_____
Total									_____

See next page for scoring

## Your Score

### Under 30

Coaching is not for you right now

### 31 to 60

You are uncertain. Take a chance on yourself and experience the power of coaching with a complimentary consultation to assess the benefit of coaching in making life changing improvements.

### Over 60

You are ready for a coach right now! You are willing to do whatever it takes to create the life you deserve and desire.

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Coaching will help you view your life from a different perspective as well as assist you in developing a plan to change that which you would like to change.

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Please contact me at 774.212.1826 or visit me at  
[www.livingwhole.net](http://www.livingwhole.net)

For a free intro coaching session to find out what coaching can do for you and to find the best coach for your benefit.

**SUCCESS COMES WHEN YOU CHANGE WISHING INTO DOING!**